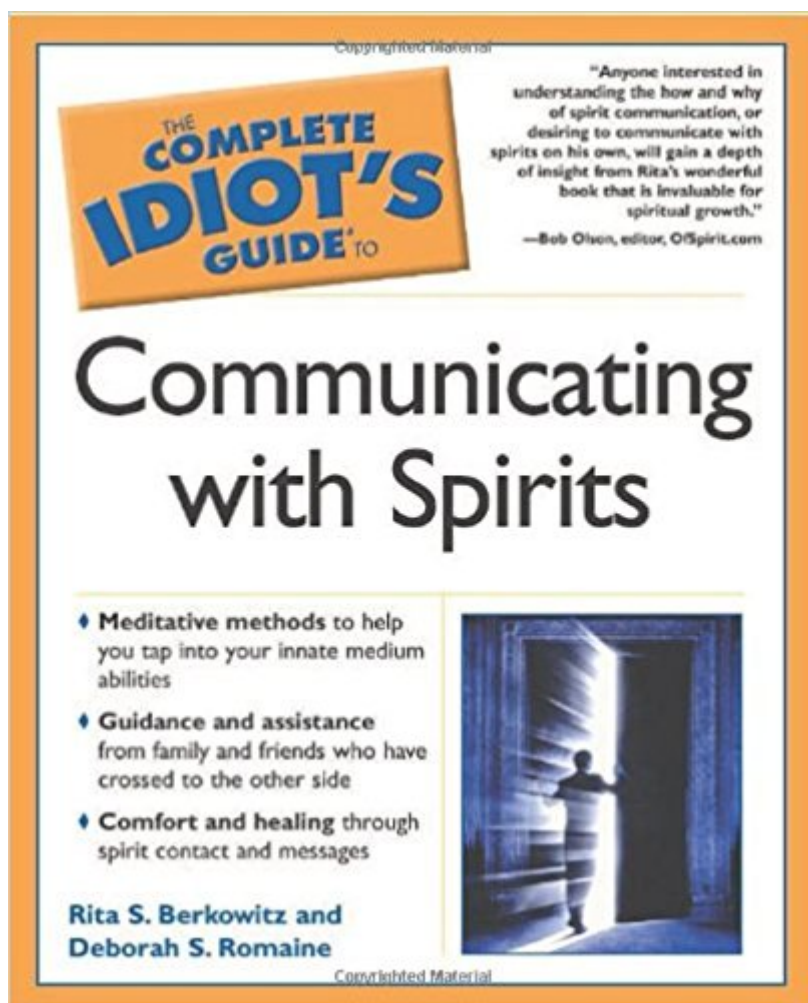


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# The Complete Idiot's Guide To Communicating With Spirits (Idiot's Guides)



## Synopsis

You're no idiot, of course. You know life is a journey and that physical birth and death are its points of transition. Many people, across cultures and faiths, believe the spirit lives on and have experienced contact with the spirits of loved ones who have passed to the higher side. This contact is joyous, comforting, and healing but you wonder if it's really real and whether you can share in it, too. Don't give up the spirit! *The Complete Idiot's Guide® to Communicating with Spirits* will show you exactly how to uncover your own mediumistic capabilities and connect with those no longer on the earth plane. In this *Complete Idiot's Guide®*, you get:--Tips on how to connect with your personal divine energy through prayer, meditation, and dreams.--Information on the birth of the human soul as perceived through theological, metaphysical, and spiritual viewpoints.--Exercises to help you develop your mediumistic abilities.--Tangible evidence of the continuity of life as presented through the experiences and spirit drawings of medium Rita S. Berkowitz.Â

## Book Information

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## Customer Reviews

Over the last few months, my interest in the spirit world has grown and I've tried to learn more and more about it. When I heard about this book, I realized that it would probably be an excellent one for me to read. I was right. The authors take the time to explain a lot of different "psychic-related" topics, but they do so in a straightforward way, and they do not go off on any type of "new age

tangent." One thing they talk about is energy. The more books I read about the "spirit world," the more I realize energy is the basis for their and our human existence. The authors throughout the book use numerous different exercises to help the reader tune in to various psychic skills. In some ways, it's almost "interactive." Some of the exercises are meditations of one kind or another. I've come to realize that meditations and energy seem to go hand in hand in doing any type of "psychic work." The book also contains numerous stories about spirit contact, as well as numerous drawings done by one of the authors of spirits on "the other side." I found these stories and drawings to be fascinating and for me further proof that spirits do indeed exist. It makes me wonder what spirits I have "behind the scenes" guiding my life. I'm thankful a book like this is now available because it answered some questions for me about the spirit realm. The back of the book contains further resources, which is good because while this book answered many questions for me, it's provided me with further questions and the motivation to learn more.

I first met Rita Berkowitz in August of 2001 while on Cape Cod. I had a reading done on a lark and was floored when she immediately began telling me that my recently deceased mother-in-law had been trying to contact me or my husband. My mother-in-law passed information through Rita for me to tell my husband that explained many questions that had been left unanswered when she died. If the information hadn't been right on, which it was, her accurate drawing of my mother-in-law would have been enough to convince me. I've had two more readings with Rita since then and she's the real deal...no question about it. As soon as I heard Rita was writing a book, I placed an advance order for it and it just as good as I had hoped it would be. I am fortunate to be in a position to meet with Rita when our schedules overlap but for those who cannot, this book is the next best thing. Every reading Rita does is for healing purposes and the healing can be for the person having the reading done or the person who has died. In my case, it was a healing for my husband and I think also for my mother-in-law who died with a lot of anger and bitterness still in her. I believe Rita wrote the book to help other obtain this same kind of healing.

A lot of books that I have read that deal with spirits, seem to have a dark tone to them. This seems friendly, like your talking to your friend. Communicating with spirits has some "mini stories" of medium Rita S. Berkowitz that they give throughout the book. This also has exercises to help develop your mediumistic abilities, information on the birth of the human soul-as perceived through theological, metaphysical, and spiritual viewpoints.

I found this book to be quite informative, with a broad and entertaining take on the subject of communicating with the Other Side. The book is replete with some of the laws of spiritual interaction; some of the protocols associated with discarnate entities are explained in ordinary language, and make an otherwise nebulous subject quite understandable. This is a must for anyone interested in spiritualism, from the casual observer to the aspiring medium!

The book conveys very well the positive experiences of Spirit Communication. It is an excellent beginning for those that truly want to get to know how to work with energy and the Spirits. It also explains in a simple manner what a positive experience it can be to develop those skills. Why would spirit want to hang around us, unless they wanted to help us out? I've been extremely fortunate that I've studied with Rita Berkowitz for the past few years and just as her book is excellent as a teacher she is far the best teacher I've ever come across. The most loving and generous teacher, and the book reflects her ways of teaching. Working with light. Rita Berkowitz is by far one of the most knowledgeable person I've met on Spirituality and religion. She embraces all equally and the wisdom religion can bring us. I also recommend Empowering your life with Angels and look out for her new books coming out soon.

I am still reading this book, but it is a great overview on all things related to the afterlife. If you have ever wanted to contact (meet) your spirit guide or guardian angel this book will teach you how to do it in a safe way (you don't want to accidentally summon bad spirits) I was surprised by how quickly and easily I was able to meet my Spirit Guide, get his name and ask him questions. Apparently those in the afterlife can't wait to talk to us! Amazing!

This book was very informative, but not dry or technical. The whole tone of the book was warm and friendly. It was like having a conversation with a friend rather than reading a manual. I found that this book complimented my views on death and the afterlife. I recommend this book highly to folks looking to broaden their horizons or improve their skills.

She makes so much sense, and explains everything in such a way that it's easily understood. I personally go to a medium, and everything in this book runs pretty parallel to what I've been told. I know a lot of people don't like to "open up" to this sort of thing. (I understand that some people fear what they don't understand.) The sad thing is that they don't know what they're missing. I feel empowered with knowledge after a session with my medium. She has validated very specific things

to me that no one could possibly know. In the least, give this book a chance...it could answer a question you've always wanted to know, but were afraid to ask.

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